

YIZKOR MOMENT

**Join Jews across Australia
for a collective moment of unity
to remember loved ones**

@12pm on Yom Kippur, Monday 28 September 2020

Whether you are at shul or at home alone,
we will all pause ...

Guide To A Spiritually Moving Yizkor

Yizkor is a holy moment when we connect with the souls of our loved ones through memory and prayer.

We honour their presence in our lives and perpetuate their impact on the world.

Create the Space

Find a quiet spot and with eyes closed, envisage the souls of the departed are congregating, descending from heaven to participate with you in the Yizkor prayer.

Call the Name

Conjure an image of your loved ones as you would like to remember them in their healthy and strong days, when they were happiest, and see their face responding to your call.

Give a Gift

By doing an act of kindness in memory of a departed soul, we serve to continue their presence on earth. This is why pledging charity in their memory is essential to the Yizkor service.

Welcome Home

When you mention the names of the Mothers and Fathers of the Jewish people, allow the soul of your loved one to go upwards, welcomed by their holy ancestors. Take comfort knowing they are in a place of eternal happiness.

Time to Leave

Once Yizkor is over, we return to this world. Open your eyes and reconnect to your surroundings. You're back in the land of the living. Appreciate our world and the life you are given. Know that your loved ones have appreciated your gift and have been remembered.

Yizkor Prayer

We, humans, are but a breath; our days,
like a passing shadow.

Yizkor. May almighty and merciful G-d remember
the soul of my father/mother/relative (insert Hebrew
name) who has gone on to his/her world. Remember,
to his/her merit, the good deeds that he/she did and
grant him/her a full reward.

Without making a vow, I take upon myself to give
charity on his/her behalf. May I honour his/her
memory through the way I live my life and with
the values that he/she set before me.

In merit of this, may his/her soul be bound in the
Bond of Eternal Life, together with the souls of
Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel
and Leah, and with the rest of the righteous in the
Garden of Eden. Amen



Bringing community together
even when we're apart.

